

DR. TOYAH WILSON

Welcome to our office; Please take a moment to complete the following:

GENERAL INFORMATION (PLEASE PRINT)

Date _____

Name _____ Social Security Number _____ Sex _____

Date of Birth _____ Place of Birth _____ Height _____ ft. _____ inches Weight _____ lbs.

Relationship _____
Phone # Home _____ Work _____

Address _____

Street _____ City _____ State _____ Zip _____ Years at this address _____

Driver's License Number _____ Insured Name _____

Insured Social Security Number _____ Age _____ Occupation _____

Name and address of your employer _____

Who can we thank for referring you? _____

Marital Status (check one) Single Engaged Married Separated Divorced Widowed
 Remarried (how many times? _____) Living with someone

Children / Step Children

Name _____ Age _____ Relationship _____ Living at Home Y/N _____

Name	Age	Relationship	Living at Home Y/N

Do you have a family physician? Yes No

If yes, please give us his/her name(s) and telephone number(s) _____

DESCRIPTION OF PRESENTING PROBLEMS

State in your own words the nature of your problem(s) _____

On the scale following please estimate the severity of your problem(s):

Mildly upsetting Moderately upsetting Very severe Extremely severe Totally incapacitating

When did the problem(s) begin (give dates) _____

Please describe significant event(s) occurring at that time, or since then, which may relate to the development or maintenance of the problem(s) _____

What solutions to your problem(s) have been most helpful? _____

Have you been in psychotherapy before or received any prior professional assistance for the problem(s)? If so, please give name(s), professional title(s), dates of treatments and results _____

Your expectations regarding psychotherapy _____

In general, what do you think therapy is all about? _____

How long do you think your therapy should last? _____

Check any of the following behaviors that apply to you:

- | | | | | |
|-----------------------------------|--|---|--|---|
| <input type="checkbox"/> Overeat | <input type="checkbox"/> Impulsive reactions | <input type="checkbox"/> Concentration difficulties | <input type="checkbox"/> Take too many risks | <input type="checkbox"/> Nervous tics |
| <input type="checkbox"/> Smoke | <input type="checkbox"/> Sleep disturbance | <input type="checkbox"/> Aggressive behavior | <input type="checkbox"/> Eating problems | <input type="checkbox"/> Take Drugs |
| <input type="checkbox"/> Crying | <input type="checkbox"/> Outbursts of temper | <input type="checkbox"/> Odd behavior | <input type="checkbox"/> Work too hard | <input type="checkbox"/> Loss of control |
| <input type="checkbox"/> Lazy | <input type="checkbox"/> Drink too much | <input type="checkbox"/> Compulsions | <input type="checkbox"/> Suicide attempts | <input type="checkbox"/> Can't keep a job |
| <input type="checkbox"/> Vomiting | <input type="checkbox"/> Withdrawal | <input type="checkbox"/> Phobic avoidance | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Panic attacks |
| | | | <input type="checkbox"/> Sexual Problems | <input type="checkbox"/> Procrastination |

Are there any specific behaviors, actions, or habits that you would like to change? _____

What are some special talents or skills that you feel proud of? _____

What would you like to do more of? _____

What would you like to do less of? _____

What would you like to start doing? _____

What would you like to stop doing? _____

How is your free time spent? _____

Do you keep yourself compulsively busy doing an endless list of chores or meaningless activities? _____

Do you practice relaxation or meditation exercises regularly? _____

PHYSICAL SENSATIONS

Check any of the following that often apply to you:

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Tingling | <input type="checkbox"/> Fainting spells | <input type="checkbox"/> Rapid heart beat |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Numbness | <input type="checkbox"/> Hear things | <input type="checkbox"/> Don't like to be touched |
| <input type="checkbox"/> Palpitations | <input type="checkbox"/> Stomach trouble | <input type="checkbox"/> Flushes | <input type="checkbox"/> Blackouts |
| <input type="checkbox"/> Muscle spasms | <input type="checkbox"/> Tics | <input type="checkbox"/> Watery eyes | <input type="checkbox"/> Excessive sweating |
| <input type="checkbox"/> Tension | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Skin problems | <input type="checkbox"/> Visual disturbances |
| <input type="checkbox"/> Sexual disturbances | <input type="checkbox"/> Twitches | <input type="checkbox"/> Dry mouth | <input type="checkbox"/> Hearing problems |
| <input type="checkbox"/> Unable to relax | <input type="checkbox"/> Back pain | <input type="checkbox"/> Burning or itchy skin | |
| <input type="checkbox"/> Bowel disturbances | <input type="checkbox"/> Tremors | <input type="checkbox"/> Chest pains | |

What sensations are especially:

Pleasant for you? _____

Unpleasant for you? _____

BIOLOGICAL FACTORS

Do you have any current concerns about your physical health? Please specify _____

Please list any medicine(s) you are currently taking, or have taken during the past 6 months (including aspirin, birth control pills, or any medicine(s) that were prescribed or taken over the counter) _____

Check any of the following that apply to you or members of your family:

Family	Self	Family	Self	Family	Self	Other:
<input type="checkbox"/>	<input type="checkbox"/> Thyroid disease	<input type="checkbox"/>	<input type="checkbox"/> Diabetes	<input type="checkbox"/>	<input type="checkbox"/> Epilepsy	_____
<input type="checkbox"/>	<input type="checkbox"/> Kidney disease	<input type="checkbox"/>	<input type="checkbox"/> Cancer	<input type="checkbox"/>	<input type="checkbox"/> Heart disease	_____
<input type="checkbox"/>	<input type="checkbox"/> Asthma	<input type="checkbox"/>	<input type="checkbox"/> Gastrointestinal Disease	<input type="checkbox"/>	<input type="checkbox"/> Glaucoma	_____
<input type="checkbox"/>	<input type="checkbox"/> Neurological disease	<input type="checkbox"/>	<input type="checkbox"/> Prostate problems	<input type="checkbox"/>	<input type="checkbox"/> Infertility	_____
<input type="checkbox"/>	<input type="checkbox"/> Infectious disease	<input type="checkbox"/>	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/> Arthritis	_____

Have you ever had any head injuries or loss of consciousness? Please give details _____

Please describe any surgery you have had (give dates) _____

Please describe any accidents or injuries you have suffered (give dates) _____

Do you eat three well-balanced meals each day? If not, please explain _____

Do you get regular physical exercise? If so, what type and how often? _____

Check any of the following that apply to you:

	Never	Rarely	Freq- uently	Very Often		Never	Rarely	Freq- uently	Very Often
Aspirin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diuretics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Aches/pains	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Nausea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Painkillers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tranquilizers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Insomnia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sedatives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Antidepressants	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Backache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Early morning awakening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Fitful sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sexual Dysfunction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Overeat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stimulants/Diet Pills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Poor appetite	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Eat "junk foods"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Constipation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>					

PATIENT INFORMATION

(Please Print Clearly)

MINOR SINGLE MARRIED DIVORCED WIDOWED SEPARATED

NAME: _____ SSN: _____
FIRST M.I. LAST

BIRTHDATE: ____ / ____ / ____ MALE FEMALE HOME PHONE: _____ MOBILE PHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

EMAIL ADDRESS: _____

PATIENT'S EMPLOYER (PARENTS, IF MINOR): _____ WORK PHONE: _____

WORK ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

SCHOOL/COLLEGE, IF PATIENT IS A STUDENT: _____ CITY: _____ STATE: _____

NAME OF SPOUSE (IF APPLICABLE): _____ SPOUSES EMPLOYER'S PHONE: _____

CONTACT IN CASE OF AN EMERGENCY?: _____ PHONE: _____

HOW WERE YOU REFERRED TO OUR OFFICE?: _____

RESPONSIBLE PARTY

PERSON RESPONSIBLE FOR ACCOUNT: _____ RELATIONSHIP TO PATIENT: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

EMPLOYER : _____ WORK PHONE: _____

DRIVER'S LICENSE #: _____ BIRTHDATE: ____ / ____ / ____ HOME PHONE: _____

WORK ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

INSURANCE INFORMATION - PRIMARY

NAME OF INSURED: _____ RELATIONSHIP TO PATIENT: _____

SSN: _____ BIRTHDATE: ____ / ____ / ____ WORK PHONE: _____

EMPLOYER : _____ DATE EMPLOYED: ____ / ____ / ____

WORK ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

INSURANCE COMPANY: _____ INS. PHONE #: _____

INS. CO. ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

INSURED'S ID#: _____ INSURED'S GROUP #: _____

HOW MUCH IS YOUR DEDUCTIBLE?: _____ AMOUNT USED: _____ MAXIMUM ANNUAL BENEFIT: _____

CO-PAYMENT AMOUNT: _____ CO-INSURANCE %: _____ IS PRECERTIFICATION REQUIRED?: YES NO

INSURANCE INFORMATION - SECONDARY

(If Applicable)

NAME OF INSURED: _____ RELATIONSHIP TO PATIENT: _____

SSN: _____ BIRTHDATE: ____ / ____ / ____ WORK PHONE: _____

EMPLOYER : _____ DATE EMPLOYED: ____ / ____ / ____

WORK ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

INSURANCE COMPANY: _____ INS. PHONE #: _____

INS. CO. ADDRESS: _____ CITY: _____ STATE: _____ ZIP CODE: _____

INSURED'S ID#: _____ INSURED'S GROUP #: _____

HOW MUCH IS YOUR DEDUCTIBLE?: _____ AMOUNT USED: _____ MAXIMUM ANNUAL BENEFIT: _____

CO-PAYMENT AMOUNT: _____ CO-INSURANCE %: _____ IS PRECERTIFICATION REQUIRED?: YES NO

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BILLING POLICIES/LATE CHARGES

- 1) BY SIGNING THIS, YOU ARE CONSENTING TO TREATMENT PROVIDED BY Dr. Toyah Wilson. YOU MAY TERMINATE TREATMENT WITH NO PENALTY TO YOU. ANY CONCERNS REGARDING TREATMENT SHOULD BE DISCUSSED WITH THE COUNSELOR/PSYCHOTHERAPIST.
- 2) FORTY-EIGHT (48) HOURS NOTICE OF CANCELLATION IS REQUIRED. IF CANCELLATION IS MADE AFTER THIS TIME, YOU WILL BE CHARGED FOR A FULL SESSION. IN THE CASE OF AN EMERGENCY, DEATH IN THE FAMILY, HOSPITALIZATION, ILLNESS, ETC., PLEASE SPEAK WITH YOUR THERAPIST REGARDING PAYMENT. IT IS UNDERSTOOD THAT TIME HAS BEEN RESERVED FOR YOU AND THE LACK OF ADEQUATE NOTICE PREVENTS SUFFICIENT TIME TO SCHEDULE OTHER PATIENTS WHO MAY BE IN NEED. IT IS ALSO UNDERSTOOD THAT YOUR INSURANCE COMPANY WILL NOT PAY FOR A FAILED APPOINTMENT AND THAT YOU WILL BE RESPONSIBLE FOR THE FULL FEE.
- 3) THE UNDERSIGNED AGREE THAT IN CONSIDERATION OF THE SERVICES TO BE RENDERED TO THE PATIENT HE/SHE AGREES TO PAY DR. TOYAH WILSON IN ACCORDANCE WITH THE REGULAR RATES AND TERMS OUTLINED.
- 4) PAYMENT IS EXPECTED AT THE TIME OF SERVICE. IF USING INSURANCE BENEFITS, IT IS YOUR RESPONSIBILITY TO CONTACT YOUR INSURANCE CARRIER TO DETERMINE YOUR PORTION DUE. YOUR BALANCE DUE IS YOUR FULL RESPONSIBILITY. OUR COMPANY REMITS CLAIMS AND ACCEPTS PAYMENTS FROM INSURANCE COMPANIES AS A COURTESY ONLY (FOR ALL NON-CONTRACTED CARRIERS).
- 5) SHOULD THE ACCOUNT BE REFERRED TO AN AGENCY OR ATTORNEY FOR COLLECTION, THE UNDERSIGNED WILL PAY REASONABLE ATTORNEY'S FEES AND COLLECTION EXPENSE. THE UNDERSIGNED SHALL ALSO BE RESPONSIBLE FOR ALL INTEREST, AFTER 60 DAYS, AT THE RATE OF 1.5% MONTHLY (18.0% ANNUAL) OF THE UNPAID MONTHLY BALANCE.
- 6) IF FAILURE TO COMPLY WITH THESE OBLIGATIONS, EACH CONSENTS TO THE DISCLOSURE OF THEIR IDENTITY AND OTHER NECESSARY INFORMATION RELATING TO SERVICES RENDERED TO THE PATIENT BY THE ATTENDING COUNSELOR, CLINIC, OR ATTORNEY FOR THE PURPOSE OF ENFORCING THE PATIENT'S OR GUARANTOR'S OBLIGATIONS TO THE ATTENDING COUNSELOR OR COLLECTION AGENCY OR ATTORNEY. SUCH DISCLOSURE OR REDISCLOSURE SHALL NOT BE DEEMED TO BE A BREACH OF THE PATIENT'S CONFIDENTIALITY BY THE ATTENDING COUNSELOR/PSYCHOTHERAPIST OR CLINIC PERSONNEL.

SIGNATURE

I HAVE READ AND UNDERSTOOD THE ABOVE INFORMATION AND AGREE TO THESE CONDITIONS.

_____ DATE: ____ / ____ / ____
SIGNATURE OF PATIENT OR PARENT, IF MINOR

AUTHORIZATION AND RELEASE

I AUTHORIZE Dr. Toyah Wilson TO RELEASE ANY INFORMATION INCLUDING THE DIAGNOSIS AND THE RECORDS OF ANY TREATMENT OR EXAMINATION RENDERED TO THE ABOVE NAMED PATIENT DURING THE PERIOD OF SUCH CARE TO THIRD PARTY PAYOR'S FOR THE SOLE PURPOSE OF OBTAINING PAYMENT FOR SERVICES RENDERED TO THE PATIENT BY Dr. Toyah Wilson

I AUTHORIZE AND REQUEST THAT MY INSURANCE COMPANY PAY DIRECTLY TO Dr. Toyah Wilson INSURANCE BENEFITS OTHERWISE PAYABLE TO ME.

I UNDERSTAND THAT MY INSURANCE CARRIER MAY PAY LESS THAN THE ACTUAL BILL FOR SERVICES. I AGREE TO BE RESPONSIBLE FOR PAYMENT OF ALL SERVICES RENDERED ON MY BEHALF OR MY DEPENDENTS.

_____ DATE: ____ / ____ / ____
SIGNATURE OF PATIENT OR PARENT, IF MINOR

Dr. Toyah Wilson

Patient Instructions

Please complete by signing and dating the **Patient's Acknowledgement** section below. Retain the **NOTICE OF PRIVACY POLICY** for your records.

RETURN ONLY THIS PAGE TO OUR OFFICE

Patient's Acknowledgement

I hereby acknowledge that I have been provided with the practice's **NOTICE OF PRIVACY POLICY** and that I have read and fully understand the notice. I have been provided the opportunity to ask questions about the notice and my questions have been answered to my satisfaction.

Patient Name

Signature of Patient (or Legal Guardian/Representative)

Date

Witness Name

Signature of Witness

Date

April 13, 2003

Notice Effective Date (See Page 1)

Dr. Toyah Wilson

Thank you for being our patient

In order to give you a better understanding of our services & procedures, we would like to provide you with the following information.

- An hour session is based on a "clinical hour" in accordance with the Healthcare & Insurance industry. A clinical hour is between 45-50 minutes.
- Dr. Wilson uses an outside billing service. If, however, you should have any questions regarding your statement, please contact Dr. Wilson. If she is unable to assist you, she will contact the billing service directly.
- If you should change insurance carriers or have any other changes to your insurance, it is important that your clinician is notified of this change promptly & that your new insurance information is provided. Also, a copy (front & back) of your new or revised insurance card should be provided to our office promptly.
- We try to be understanding of our patient's busy schedules and lifestyles. Please note, however, that your clinician must receive (48) hours notice of cancellation or appointment change. Please understand that this time has been reserved for you. The lack of adequate notice prevents sufficient time to schedule other patients in need. Notice within (48) hours will be considered a "Failed" appointment. Failed appointments are not eligible for insurance benefits and you will be responsible for payment in full. Please discuss emergency situations with your clinician directly.
- Your appointment time slot has been reserved for you. If you arrive to your appointment late, please understand that your full session time generally cannot be provided. Abiding to the set schedule as arranged prevents disturbance to following appointments.
- Our office accepts payments from insurance companies as a courtesy to our patients. Please note that you are fully responsible for all charges and it is your responsibility to contact your insurance company to verify benefits, eligibility & coverage.
- Co-payments are due at the time of service. It is your responsibility to contact your insurance company to determine your portion due. Any amount due at the time of service is expected to be paid. Self payers (patients without insurance or not utilizing insurance) are responsible for paying their full session fee at the time of service.